

WEEK 6: NOVEMBER 3, 2024
SERIES – STAND FIRM: 40 Days of Spiritual Warfare
TITLE - “Helmet of Salvation”

*Notes and questions adapted from “When the Enemy Strikes” by Charles Stanley, and Lawrence O. Richards,
“The Bible Reader’s Companion”*

SUMMARY

“Jesus is the Savior. His work in us is salvation. There is tremendous benefit in calling to our minds often the truth that Jesus, by His mercy and loving-kindness, died on a cross so that we might live free of sin and inherit an eternal home in heaven. What is the most important thought to keep at the forefront of your thinking? It is the truth that *Jesus is my Savior*. Salvation, in this passage in Ephesians [chapter 6], does not refer solely to a person’s initial acceptance of Christ as savior, but also to the ongoing rescuing and delivering power of God each day.” – *Charles Stanley*

PRAYER

After a time of checking in with each other, open up with prayer.

WEEKLY SERMON REVIEW

- Q: Anything specific about the sermon speak to you this week?
- Q: Do you feel that God fights for you? In what ways have you seen that in your life?

BIBLE & DISCUSSION: Read Ephesians 2:1-10

- As we put on the helmet of salvation, confidence and assurance comes in knowing that God has been fighting and continues to fight for us. Our confidence is not in our ability or personal holiness, but in the victory over sin and death that was won on our behalf.
- Q: V1-3: To be dead in our sins is to follow the ways of the world, to follow the “prince of the power of the air”, to be a son of disobedience, and by nature children of wrath. Why is salvation often referred to as a “conversion” from this condition?
- Q: How would you describe the connection between salvation, conversion, and being born again?
- Q: V4-8: We are dead in our sins, but made alive again with Christ. Why is Faith the path that God’s grace is applied to us instead of some other path?
- Q: V9: Why is our salvation like a helmet, protecting our thoughts and the way we see ourselves?
- Q: In what ways will Satan tempt us, throw flaming darts, to attack our thinking and confidence?
- Q: How does putting on the Helmet of Salvation every day help us live out what we read in verse 10?
- Q: If a person claims to have given his life to God and yet lives exactly the same way as before, what would you expect is happening?
- CLOSING STATEMENT: “People who do not believe that Jesus is their Savior and that God desires to save them from life’s trials live with doubt and discouragement. They have no hope! Nobody can make you think, “God is in the process of saving me right now!” You have to choose to think that thought in every negative situation, in every troublesome moment, and in every painful and traumatic experience.” - *Charles Stanley*

PRAYER REQUESTS AND CLOSING

Review previous prayer requests and share new ones.

Leader can close the time in prayer or if you feel comfortable, each person can pray for the person on the right.