

WEEK 3: OCTOBER 13, 2024
SERIES – STAND FIRM: 40 Days of Spiritual Warfare
TITLE - “The Truth”

Notes and questions adapted from “Spiritual Warfare: Armor of the Believer” by David Jeremiah

SUMMARY

“The mind is the primary battlefield on which spiritual warfare is waged. Therefore, our spiritual defense comes down to what we believe and think. If our mind is filled with truth about God, ourselves, and our enemy, then we will be prepared to withstand the lies and deceit of Satan.” – *David Jeremiah*

PRAYER

After a time of checking in with each other, open up with prayer

WEEKLY SERMON REVIEW

- Read together Ephesians 6:10-18
- Q: Why do you think Paul describes Truth as a belt?
- Q: People tell lies. Sometimes people live a lie. How is lying a hidden, overlooked scheme of Satan when it comes to spiritual warfare?
- Q: In what ways has Truth been lost as a core value in our society?
- Q: Anything else stand out to you, or speak to you as an “ah-ha” moment from the sermon?

BIBLE & DISCUSSION:

- Read together 1 Peter 1:13. What does Peter tell us to “Gird Up”?
- Q: What is the relationship between the Truth and our beliefs and minds?
- Q: If we do not fill our minds with God’s truth, what does Satan want to fill it with?
- Q: If we prepare ourselves with the belt of truth, what specific characteristic of Satan is countered by it?
- There are three views of truth in our world today. Os Guinness describes them as 1) A traditional view that says truth exists independently and is waiting to be discovered, 2) Relativism – truth is defined by each individual, 3) Postmodern position that truth does not exist, it must be created by the individual. Christians stand firm on the first view: that Truth is objective, eternal, and independent of humanity’s interpretation.
- Q: What view of truth do you find to be most prevalent among non-Christians... why?
- Q: How does a person’s view of truth impact their decisions, actions, and speech?
- Q: How can “discover” more truth?
- Q: Read 3 John 2-4. What brings John joy... knowing or walking in truth? Talk about the difference between the Truth and the Truth *In Us*.
- Read together Psalm 139:23-24. What is David asking God to do in these verses?
- Q: Why is asking this of God part of living a truthful life?
- Q: In what ways would this prayer be “walking in truth” if we prayed it every day?
- CLOSING: We are talking about Doctrine and Spiritual Realities. But truth is scientifically monitored by hundreds of organizations around the world. When it comes to weights and measures, the National Institute of Standards and Technology (NIST) is the US governmental agency charged with maintaining “truth” when it comes to US standards. NIST employed thousands of technical workers and a budget of one billion dollars. Truth, whether in the spiritual or physical realm requires serious effort.

PRAYER REQUESTS AND CLOSING

Review previous prayer requests and share new ones. Leader can close the time in prayer or if you feel comfortable, each person can pray for the person on the right.